

How To Dance  
**AI DI DAD**

Score by Sean Thomas Boyt  
STBDancing.com

Arabesque

low swing of right wrist

loaf about

Indicate direction of knee

Drop shoulders to heel

orient toward upstage

Intricate footwork passage

study elbow's impulses

Draw breathe inward

revolve around spine

empty lungs audibly

ankles flex

manipulate limbs into lunge

Anchor pelvis

brush forward to rise

organize bones to standing

undulate spine to horizontal

tip over

Direct facing to downstage left

angle body appropriately

nose hides in torso

chest heaves forward

elevate both legs