

# Hokey Polka

Score by Sean Thomas Boyt  
STBDancing.com

Acknowledge your wrist.  
Stop acknowledging your wrist.  
Acknowledge your wrist again and flail it about.

Turn around.

Acknowledge your pelvis  
Stop acknowledging your pelvis.  
Acknowledge your pelvis again and flail it about.

Turn around.

Acknowledge your nose.  
Stop acknowledging your nose.  
Acknowledge your nose again and flail it about.

Turn around.

Acknowledge your astrological sign.  
Stop acknowledging your astrological sign.  
Acknowledge your astrological sign again and flail it about.

Turn around.

Acknowledge your left knee.  
Stop acknowledging your left knee.  
Acknowledge your left knee again and flail it about.

Do a flip.

Acknowledge your being.  
Stop acknowledging your being.  
Bask in that freedom.

Turn around.

Acknowledge your shoulder.  
Stop acknowledging the tension.  
Acknowledge your shoulder again and flail it about.

Turn around.