

Patient: _____

Rapid Expressive Movement Assessment

By Sean Thomas Boyt

Pick and perform an action as accurately as possible. Allow for an audience: whether in-person, utilizing archival technology, or observing yourself. Start anywhere and finish anywhere. Reassess once per day.

Place an elbow above your head and rub your right foot on the floor like a snake.
Let your audience in on the joke: they can join you if they'd like.

Complete the statement: I felt more like a

Lawn Mower										Parakeet
1	2	3	4	5	6	7	8	9	10	11

Close your eyes. Feel the air softly hitting you (or hitting you hard if it's just *that* kind of day).

Does the atmosphere move you, or do you move it?

I am a rock: immobile and strong. I want to dance more.

Fill in the box below with your favorite dance move. Any!
(Exceptions: Anything you have done at a wedding, concert, birthday celebration, bar, club, or dance class.)

<p>Touch the following body parts as quickly as possible in the given order.</p> <p>After your first attempt, try again without looking at the list.</p>	<table border="0" style="width: 100%;"> <tr> <td>Face</td> <td>Toes</td> <td>Nose</td> <td>Tibia</td> <td>Hip</td> <td>Bicep</td> </tr> <tr> <td>First Molar</td> <td>Heart</td> <td>Butt</td> <td>Palm</td> <td>Eye</td> <td></td> </tr> <tr> <td>Eardrum (carefully.)</td> <td>Thumb</td> <td>Funny Bone</td> <td></td> <td></td> <td></td> </tr> </table> <p style="text-align: right;">Hey. Nice dance.</p>	Face	Toes	Nose	Tibia	Hip	Bicep	First Molar	Heart	Butt	Palm	Eye		Eardrum (carefully.)	Thumb	Funny Bone			
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Make a duet using your shoes as performers. Share with a friend and make sure they clap!

_ Done _ Not Done _ Maybe Later

if you answered mostly a: you're an artist! make more things!
 if you answered mostly b: you're an arts advocate who's on the lookout for the most unique creations. keep at it!
 if you answered mostly c: you don't see enough art in your free time - but you're trying!
 if you answered mostly d: you've developed your artmaking into a daily practice. thank you.